



PLEASE FAX REFERRAL FOR ALL APPOINTMENTS

St. Albans Fax: 9356 9799 **Hoppers Crossing** Fax: 9748 7388 **Williamstown** Fax: 9397 0135 **Essendon North** Fax: 9379 3468 **Sunbury** Fax: 9379 3468 **Altona North** Fax: 9379 0135

Appointment _____ a.m. _____ / _____ / _____
 p.m. _____ / _____ / _____

Your appointment is reserved especially for you. Please note any cancellations with less than 24 hours notice may incur an administrative fee.

Name:

Date of Birth:

Address:

Telephone :

Medicare No.

Clinical Notes:

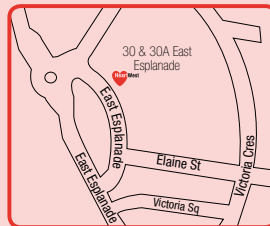
Referring Doctor's Details:

Copies To:

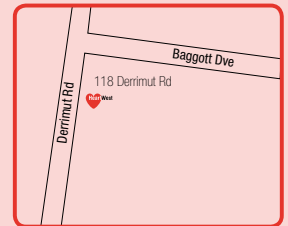
Doctor's Signature:

Date:

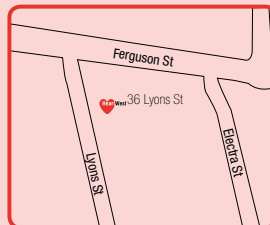
- 1 **Consultation**
- 2 **Nephrology Consultation**
- 3 **Exercise ECG**
- 4 **Echocardiography**
(Including a separate full resting Echo)
- 5 **Stress Echo**
- 6 **Pacemaker Check**
- 7 **12-Lead ECG**
- 8 **24 Hour Holter Monitor**
- 9 **24 Hour BPM**
- 9 **Other** (please specify)



30 & 30A East Esplanade St. Albans 3021
 Tel: 9356 0234 Fax: 9356 9799



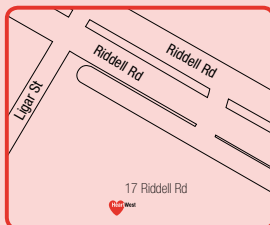
118 Derrimut Road Hoppers Crossing 3029
 Tel: 9748 7377 Fax: 9748 7388



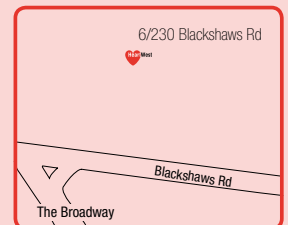
36 Lyons Street Williamstown 3016
 Tel: 9397 0134 Fax: 9397 0135



6 Treadwell Road Essendon North 3041
 Tel: 9351 0696 Fax: 9379 3468



17 Riddell Road, Sunbury VIC 3429
 Tel: 9351 0696 Fax: 9379 3468



6/230 Blackshaws Road Altona North 3025
 Tel: 9397 0134 Fax: 9397 0135

Please bring your Medicare card and referral to your appointments

Exercise ECG Stress Test	<p>Monitoring of the blood pressure and ECG during exercise on a treadmill. The test is completed when the patient has achieved an adequate heart rate and workload, or the patient develops symptoms that requires the test to be stopped.</p> <p>Preparation: It is recommended you stop using Beta blockers 24 hours before your test, unless otherwise instructed by your doctor. Please wear comfortable shoes and clothes to walk/run in and bring all your medication with you on the day.</p>
Echocardiogram	<p>Also known as a Transthoracic Echo, is an ultrasound test of the heart which looks at the function of the heart muscle, valves and structure.</p> <p>Preparation: No special preparation required.</p>
Stress Echocardiogram (Please allow 1 hour)	<p>This is a specialised test that requires 2 stages. The first is a full resting study to assess any unexpected abnormalities that the stress echo will not necessarily assess (eg. valvular abnormality). Then the exercise study, where limited images of the heart are taken before and after treadmill testing.</p> <p>Preparation: It is recommended you stop using Beta blockers 24 hours before your test, unless otherwise instructed by your doctor. Please wear comfortable shoes and clothes to walk/run in and bring all your medication with you on the day.</p>
Pacemaker Check (Please allow 30 minutes)	<p>Monitoring of cardiac implantable electronic devices performed by the Electrophysiologist with a dedicated device clinic. Using a special magnet and computer to check and modify the pacemaker to best suit the patient's own heart.</p> <p>Preparation: No special preparation required.</p>
12-Lead ECG (Please allow 10 minutes)	<p>A 12-Lead ECG measures and records the electrical activity of the heart.</p> <p>Preparation: No special preparation required.</p>
24 hour ECG Holter Monitor	<p>Recording of the heart rhythm for 24 hours on a small recorder.</p> <p>Preparation: Please wear comfortable two piece attire. Patients can perform normal activities except bathing, therefore endeavour to bathe/shower prior to having the monitor fitted.</p>
24 hour Blood Pressure Monitor	<p>A blood pressure cuff is placed around the patient's upper arm, taking a blood pressure reading every 30-60 minutes over 24 hours on a small recorder.</p> <p>Preparation: Please wear two piece attire with a loose fitting top. Patients can perform normal activities except bathing, therefore endeavour to bathe/shower prior to having the monitor fitted.</p>

Your Doctor has recommended you use Heartwest.
You may choose another provider but please discuss this with your Doctor first.